



5-Foot Betty

Witty, woman-made Americana from Boulder County, Colorado blending high-energy musicality and chosen-family charm.

Their crowd-pleasing originals and signature spins on beloved classics combine keen observations and fearless heart with the occasional well-placed pun.

Fan favorites include “Wyoming Truck,” a city-girl-meets-country-truck romance that literally inspired a fan to gift the band their son’s truck license plate and These Boots are Made for Walkin’... in French.

Contact:

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5footbetty.com



Selected Appearances

RockyGrass Band Competition – Lyons, CO

Denver Bluegrass Convention Band Competition — Denver, CO

Opener for Jeremy Garrett — Parkway Music Hall, Longmont, CO

Roots Musical Festival — Boulder, CO

Gallery 364 — Longmont, CO

Press Quotes

“5-Foot Betty is a delightful live act—original, clever, and funny, delivered with style and skill. More talented, cheeky women making entertaining, danceable music is exactly what we need right now.”
— Katie Nielsen, Outlaw Production Collective

“Don’t let the name fool you — this band brings giant energy.”
— Trailgrass

“Fun, funny and such fantastic musicians to boot. Do NOT miss 5-Foot Betty.” —Neil Smart, KGNU

“Singularly delightful.”
— Front Row LoCo

Video

Click on image to watch live performance reel (30 sec)

5-Foot Betty Live



Band

Sharon Glassman: fiddle, vocals, guitar (bandleader)

Haven Slay: guitar, vocals

Liz Patton: upright bass, vocals

Press photos & logos: 5footbetty.com/epk